

This Week's Menus 2/28-3/6

	BREAKFAST	LUNCH	DINNER	SOUP	PIZZA
SATURDAY	BRUNCH: Scrambled Eggs w/ Ham & Cheese , French Toast, Pork Chops , Waffled Hashbrowns , Pork Sausage Links , Green Beans , Muffins, Yogurt/Granola/Fruit		Beef Chili , Chicken Empanadas, Corn Dog Nuggets, Cornbread, Spanish Rice , Broccoli , Peas & Carrots	N/A	N/A
SUNDAY	Cheese Omelets , Biscuits & Gravy, Roasted Redskin Potatoes , Sausage Coins , Croissants, Yogurt/Granola/Fruit	Beef Brisket , Chicken Kiev, Lemon Pepper Pollock Filet , Au Gratin Potatoes , Wild Rice , Winter Blend Vegetables , Capri Blend Vegetables	No Meal Served	N/A	N/A
MONDAY	Western Scramble , French Toast Sticks, Hashbrowns , Chicken Sausage Patty , Filled Doughnuts, Yogurt/Granola/Fruit	Korean Beef Bowl , Baked Salmon Filet , Grilled Chicken Breast , Spring Rolls, Cheese Curds, Roasted Fuji Apples , California Blend Vegetables	Pork Tenderloin , Beef Empanadas, Kielbasa w/ Roasted Root Vegetables , Spinach Artichoke Dip w/ Pita Chips, French Fries, Cream Brussel Sprouts w/ Bacon , German Blend Vegetables	French Onion	BBQ Chicken
TUESDAY	Eggs Benedict, Bacon Pancakes, Baked Potato Circles , Pork Sausage Patties , Danishes, Yogurt/Granola/Fruit	Pork Eggroll in a Bowl , Roasted Sirloin , Shepherd's Pie, Mac & Cheese, Risotto , Roasted Haricot Vert , Winter Blend Vegetables	Asian Noodle Bar	Chicken Barley	Italian Sausage
WEDNESDAY	Baked Oatmeal w/ Chocolate Chips, Breakfast Pizza, Baked Potato Barrels , Turkey Sausage Patties , Banana Bread, Yogurt/Granola/Fruit	Breakfast @ Lunch I	Grilled Pork Chops , Spaghetti & Meat Sauce, Pierogis, Breadsticks, Parsley Red Potatoes , Cindy's Corn , Key Largo Vegetables	Beef Stew	Pepperoni
THURSDAY	Quiche, Stuffed Waffles, American Fries , Bacon , Doughnuts, Yogurt/Granola/Fruit	Beef Stroganoff, Baked Cod Filet , Grilled Chicken Thighs , Buttered Noodles, Baked Sweet Potato Fries , Fried Cabbage , Green Bean Almondine	Beef Ravioli w/ Marinara, Grilled Chicken Breast , Roasted Pork Loin , Waffle Fries, Scalloped Potatoes , Peas , German Blend Vegetables	Chicken Noodle	Fruit
FRIDAY	Pancake Casserole, Creamy Baked Eggs , Baked Potato Circles , Pork Sausage Links , Cinnamon Rolls, Yogurt/Granola/Fruit	Pulled Pork w/ Bun, Chicken Strips, Beef Burnt Ends , Hummus w/ Pita Chips, Baked Fries , Country Corn , Italian Blend Vegetables	Steak Strips w/ Mushrooms , Chicken Fried Rice , Glazed Ham Slices , Sweet Potato Casserole, Roasted Redskin Potatoes , 5-Way Blend Vegetables , Glazed Carrots	Sweet Potato Chowder	Cheese
EXTRAS	Weekly Bar: Deli		Dessert: Softserve, Fresh Fruit, and other assorted goodies served daily.		

All menus are subject to change without notice.

This Week's Menus 3/7-3/13

	BREAKFAST	LUNCH	DINNER	SOUP	PIZZA
SATURDAY	BRUNCH: Scrambled Eggs w/ Cheese , French Toast Sticks, Beef Brisket , Waffled Hashbrowns , Turkey Sausage Links , California Blend Vegetables , Turnovers		Student Appreciation No Meal Served in Benson	N/A	N/A
SUNDAY	Breakfast Burritos, Waffles, Hashbrowns , Turkey Sausage Patties , Danishes, Yogurt/Granola/Fruit	Grilled Pork Chops , Grilled Chicken Breast , Chicken Potstickers, Baked Potato Barrels , Brown Rice , Green Peas , Country Corn	No Meal Served	N/A	N/A
MONDAY	Stuffed Waffles, Pancakes, Baked Potato Circles , Bacon , Doughnuts, Yogurt/Granola/Fruit	Chicken Drumsticks , Fried Shrimp, Steak Strips w/ Peppers & Onions , Baked French Fries , White Cheddar Cavatappi, Roasted Haricot Vert , Baby Carrots	Blackened Catfish , Smothered Chicken Breast, Grilled Cheese Sandwich, Au Gratin Potatoes , Hashbrown Casserole, Roasted Asparagus , California Blend Vegetables	Cream of Chicken	Italian Sausage
TUESDAY	Quiche, Baked Oatmeal w/ Chocolate Chips, Maple Roasted Sweet Potatoes , Pork Sausage Links , Muffins, Yogurt/Granola/Fruit	Grilled Tri-Tip , Spaghetti & Meatballs, Southwest Eggrolls, Mashed Potatoes w/ Pork Gravy , Rice Pilaf, Roasted Broccoli w/ Parmesan , Peas & Carrots	Burger Bar	Ham Chowder	Chicken Bacon Ranch
WEDNESDAY	Shakshuka , Waffles, Baked Potato Barrels , Turkey Sausage Links , Croissants, Yogurt/Granola/Fruit	Grilled Pork Flat Iron , Beef Burritos w/ Chili & Cheese, Orange Chicken, Steamed Rice , Sweet Potato Casserole, Green Bean Almondine , Steamed Cauliflower	Korean Beef Bowl , Chicken Quesadillas, Goulash, Spud Supreme, Baked Potatoes , Roasted Fuji Apples , Baked Beans	Pork Roast	Hawaiian
THURSDAY	Breakfast Burrito Bar	Beef Burnt Ends , Fried Chicken, Catfish Nuggets, Mashed Potatoes w/ Chicken Gravy , Hushpuppies, Grilled Zucchini , Italian Tomato Halves	Roasted Pork Loin , Tuna & Noodle Casserole, Chicken Strips, Twice Baked Potatoes, Wild Rice , Green Beans w/ Bacon , Capri Blend Vegetables	Hearty Beef	Garlic Chicken
FRIDAY	Egg & Sausage Sandwich, Bananas Foster French Toast, Roasted Redskin Potatoes , Chicken Sausage Patties , Coffeecake, Yogurt/Granola/Fruit	Roasted Turkey Breast , Lasagna, Pork Ribs w/ Bun , Mexican Corn Pie, Stuffing, Fried Cabbage , 5-Way Blend Vegetables	Bacon Wrapped Pork Kabob , Meatloaf w/ BBQ Glaze, Mexican Chicken Rice Casserole , Ranch Mashed Potatoes , Cheese Curds, Broccoli Au Gratin, Baby Carrots	Egg Drop	Cheese
EXTRAS	Weekly Bar: Pasta		Dessert: Softserve, Fresh Fruit, and other assorted goodies served daily.		

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